

Managing Obesity Risk: The Weight Epidemic Can't Wait

Addressing Obesity as Part of a Whole Person Health Strategy



Rami Bailony, MD

Co-Founder & CEO,
Enara Health

Meeting Objectives & Agenda:

- Addressing health equity and social determinants
- Engaging members to improve total health
- Integrating weight management into a primary care/onsite clinic setting
- Weight management support as part of a well-being strategy
- Providing a comprehensive strategy to support members

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**Anuruddh Kumar Misra, MD,
FACP, CAQSM, QME**
Premise Health
Pacific Gas & Electric Co.



Tammy Watts
Clinical Services Program Manager
Occupational Health Department
Pacific Gas and Electric Company

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Jason Parrott

Senior Vice President
Growth & Partnerships
Vida Health



Tara Sherman

Mental Health and Well Being Strategy Leader
The Boeing Company

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Rami Bailony, MD

Dr. Bailony is UCSF and Stanford Internal Medicine Physician; Obesity Specialist, and Healthcare technologist. He currently runs a venture backed company, Enara Health. The company is developing a platform to scale obesity treatment with the mission of helping the world tackle the largest epidemic in history.

Anuruddh Kumar Misra, MD, FACP, CAQSM

Anuruddh Misra, MD, FACP, CAQSM, is a Sports Internist with Premise Health, which manages the onsite clinics at the Pacific Gas and Electric Company.

Dr. Misra was awarded his medical degree from JJM Medical College in Karnataka, India. He completed his Internal Medicine post-doctoral training (residency) at St. Mary's Hospital and Medical Center/UCSF, San Francisco, California. Five years after its completion practicing in a myriad of clinical settings: hospital based, ambulatory medicine/private practice and urgent care, he took a one year sabbatical to do a subspecialty fellowship in Sports Medicine at the Andrews Institute in Pensacola, Florida. Dr. Misra has an eclectic array of interests ranging from advocacy to public policy and the environment. He enjoys the outdoors and time with his family and is passionate about performance, preventative medicine and healthy living.

Tammy Watts

Tammy Watts is the Clinical Services Program Manager in the Occupational Health Department at Pacific Gas and Electric Company. She has been at PG&E for 7 years and is responsible for development and oversight of clinically-related programs that interface across multiple lines of business. Programs have bridged personal primary care and occupational health services through onsite health centers, telemedicine, and consultative support for high-risk employees.

Prior to PG&E, Tammy's 31 years of experience were in managing and clinical roles at employer site clinics including Amdahl Corp, LLNL, Sandia Labs, Zenith Insurance, and Safeway.

She obtained her BSN (RN) from the University of Southern Maine, and her MSN (Nurse Practitioner) from UCSF. Tammy has enjoyed working for decades supporting the School of Nursing at UCSF where she was guest lecturer, preceptor to graduate nurses for NP clinical practice and occupational health, and a reader for NP comprehensive exams and the annual Barbara Resnik Writing Award.

Jason Parrott

Jason Parrott is SVP Growth & Partnerships of Vida Health. He leads the enterprise growth and strategic partnerships for the San Francisco-based health technology company. Previously, Jason led the Healthcare & Well Being Strategy of The Boeing Company. With roughly 140,000 employees across the United States and in more than 65 countries, Boeing is the world's largest aerospace company and top U.S. exporter. Jason joined Boeing in 2012. Before that, Jason joined AT&T in 1994, and held progressive roles in Human Resources. He was Chairman of the Board for Midwest Business Group on Health, and a board member of Employer Health Innovation Roundtable, Integrated Benefits Institute, and Pharmacy Benefit Management Institute.

Jason earned an M.B.A. and M.S. in Management and Organizational Behavior from Benedictine University, and Bachelor of Science degree from Illinois State University

Tara Sherman

Tara Sherman is a member of the Total Rewards, Global Benefits Strategy team at The Boeing Company. She leads the development and execution of the Mental Health and Well Being strategy worldwide, ensuring inclusion of local market practices and culture. Prior, Tara was in several HR Business Partner roles at Boeing and a Director of Human Resources with Hyatt Hotels Corporation.

Tara holds a Bachelor of Science in Management from Northern Illinois University and an MBA from DePaul University. In her free time, Tara enjoys time with her family and friends, travel, yoga, and competitive sailing.

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