**Phase 2: Get Started**

**2.4 Care Model Discussion Guide**

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| Team name |  |

**Learning Objectives**

* Identify your organization’s current state on the BHI continuum
* Understand opportunities for improved integration with telehealth/virtual care
* Reflect on what elements of the various care models could be integrated into your organization’s behavioral health care

**Instructions**

* Review the resources for this module independently
  + SAMHSA’s Six Levels of Collaboration/Integration: Key Differentiators (The National Council; 4 pages; [link](https://www.thenationalcouncil.org/wp-content/uploads/2020/01/CIHS_Framework_Final_charts.pdf?daf=375ateTbd56))
  + Telebehavioral Health: An Effective Alternative to In-Person Care; Section: Evidence on Telebehavioral Health (Milbank Memorial Fund; 11 pages; [link](https://www.milbank.org/publications/telebehavioral-health-an-effective-alternative-to-in-person-care/))
  + How Practices Can Advance the Implementation of Integrated Care in the COVID-19 Era (The Commonwealth Fund; 12 pages; [link](https://www.commonwealthfund.org/sites/default/files/2020-11/Pincus_implementing_integrated_care_COVID_era_ib.pdf))
* Complete these discussion questions as a team to summarize your current status and opportunities around behavioral health integration care models

| **Question** | **Team discussion notes** |
| --- | --- |
| 1. What is your organization’s current state on the BHI continuum? | Coordinated   * Level 1 – Minimum collaboration * Level 2 – Basic Collaboration at a Distance   Co-located   * Level 3 – Basic Collaboration Onsite * Level 4 – Close Collaboration Onsite with Some System Integration   Integrated   * Level 5 – Close Collaboration Approaching an Integrated Practice * Level 6 – Full Collaboration in a Transformed/Merged Integrated Practice |
| 1. What are the key internal barriers at your organization between your current state of coordination and the next level? |  |
| 1. What key external barriers your organization faces between your current state of coordination and the next level? |  |
| 1. What opportunities could telebehavioral health offer your organization to strengthen your BHI? |  |