**AppleCare Comprehensive Care Clinic**

**Diabetes Standing Orders**

**Purpose:** Improve patient diabetic control and provide optimal diabetic care to our members. This order follows HEDIS 2018 guidelines and recommendations from the American Diabetes Association.

**Population:** All diabetic patients (type 1 and type 2).

**Policy:** All medical staff may implement any and all parts of this population based standing order at any time.

***Lab Orders and Vaccinations***

* **Hemoglobin A1C:** Twice a year (If A1C is greater than 9, order every 3 months)
* **Lipid Panel:** Draw **a**nnually
* **Urine Microalbumin:** Annually (*Note – Exclude patients with ESRD, chronic kidney disease, or diabetic nephropathy)*
* **Influenza Vaccine:** Give age appropriate vaccine annually during flu season (Check patient history for

allergic reaction)

* **Pneumoccal Vaccine:** Administer once after age 65

***Referrals and Assessments***

* **Retinal Exam:** Refer annually (*Note – Clearly document eye exam test and results, whether retinopathy was Negative or Positive)*
* **Neuropathy Screening (DPN):** Annually (Unless diagnosis is confirmed)
* **Vascular Screening (Quantiflo):** Every 2 years (Unless diagnosis is confirmed)
* **Depression Screening-** **PHQ9**: At least annually
* **Blood Pressure:** Administer every visit. The goal is to have BP less than 140/90

*Note - If the blood pressure is greater than 140/90, re-take BP at the end of visit. Bill CPT II codes for the lowest systolic and lowest diastolic for the service date*

* **BMI:** Administer every visit
* **Assess Patients Need for Additional Resources**:
  + Center for Diabetes Care
  + AppleCare Case Management
  + Nutritionist
  + Self-Management Survey and Goals Sheet
  + Diabetic Supplies

**Physician Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Effective Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_