



Altarum Consumer Engagement (ACE) Measure™

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Please rate how much you agree or disagree with the following statements.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
I spend a lot of time learning about health.					
Even when life is stressful, I know I can continue to do the things that keep me healthy.					
I feel comfortable talking to my doctor about my health.					
When I work to improve my health, I succeed.					
I have brought my own information about my health to show my doctor.					
When choosing a new doctor, I look for information online.					
I can stick with plans to exercise and eat a healthy diet.					
I compare doctors using official ratings about how well their patients are doing.					
I have lots of experience using the health care system.					
When choosing a new doctor, I look for official ratings based on patient health.					
Different doctors give different advice; it's up to me to choose what's right for me.					
I handle my health well.					