

Appendix 12: Sample Midwifery Philosophy of Care

One of the important elements in a practice is to have a philosophy of care for all providers to commit to. The foundation of a practice philosophy is the Vision, Mission and Values of the practice as well as the clearly defined model of care. Development of the final philosophy statement should include midwives. To learn about the midwifery philosophy of care, visit [American College of Nurse-Midwives](#) and the [International Confederation of Midwives](#) Philosophy and Model of Midwifery Care.

Here are some sample practice philosophy statements:



The Center for Midwifery is a private midwifery practice serving Denver, Boulder, and Weld County that offers comprehensive, boutique services to women of all ages. We offer a holistic approach to care incorporating support, evidence, guidance and expert midwifery skills during your pregnancy, labor, and birth. Our goal is to provide a safe, satisfying, and joyful experience through the journey of pregnancy, birth, and parenthood. We are here to support your wishes for an ideal pregnancy and birth experience. We offer a high touch, personalized focus where we are present with you during your labor.

The midwives at the Center for Midwifery are experts in normal pregnancy and birth with a focus towards natural, healthy aspects of women and families. In addition, the Center for Midwifery is part of the Colorado Institute for Maternal & Fetal Health, a partnership between University of Colorado Hospital, Children's Hospital Colorado and University of Colorado School of Medicine. Whether a pregnancy is routine or high-risk, or should an infant need specialized care, the collaborative approach of the Institute ensures that families and babies receive the care they need every step along the way.

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Our aim is to provide women compassionate, respectful and caring support concerning their choices for the safest, healthiest and most satisfying experiences during their childbearing years and beyond.

We believe every person has a right to:

- Equitable, ethical, accessible quality health care that promotes healing and health
- Health care that respects human dignity, individuality and diversity among groups
- Complete and accurate information to make informed health care decisions
- Self-determination and active participation in health care decisions
- Involvement of a woman's designated family

members, to the extent desired, in all health care experiences

We believe the best model of health care for a woman and her family:

- Promotes a continuous and compassionate partnership
- Acknowledges a person's life experiences and knowledge
- Includes individualized methods of care and healing guided by the best evidence available
- Involves therapeutic use of human presence and

skillful communication

We honor the normalcy of women's life cycle events. We believe in:

- Watchful waiting and non-intervention in normal processes
- Appropriate use of interventions and technology for current or potential health problems
- Consultation, collaboration and referral with other members of the health care team as needed to provide optimal health care.